



For immediate release: Ending Period Poverty – free menstrual products now available at your local public libraries.

(17 July 2023)

(Antigonish & Pictou Counties) Pictou-Antigonish Regional Library is committed to creating social equity, ensuring access for all individuals. Period Poverty, is a growing social issue impacting our community. Menstruation should not be embarrassing, hushed or stigmatized—the library is a place for compassion, kindness and understanding. Creating equitable conditions for our female and transgender library users is within our capacity.

The public library has kept small amounts of menstruation products in branch to discreetly help patrons in need. Provincially, public libraries are seeing momentum to address this inequity and with support from our Provincial Government through a province-wide grant from the Nova Scotia Department of Community Services - public libraries are now able to make menstruation products available for free in all library washrooms.

By reducing barriers to good health and increasing access to menstruation products we're creating a more equitable community for women, girls and the transgendered community. No one should be embarrassed or ashamed about something as natural as a period.

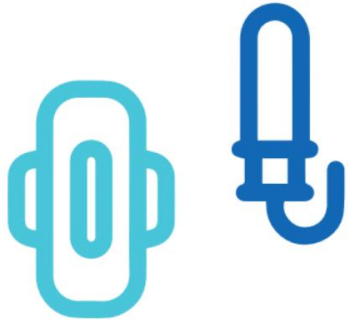
We invite library visitors and patrons to take menstrual product for personal use, or for someone you may know that is in need.



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For more information, please contact:

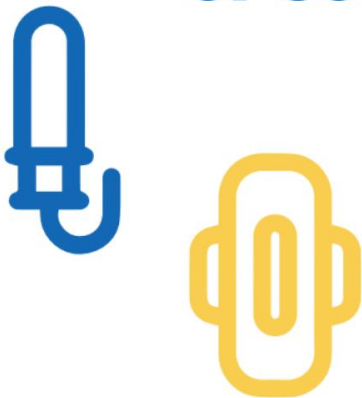
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Free menstrual products provide access for everyone.

Products are available in all washrooms at the Library.

Take one for yourself or someone you know.



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Regional Library
www.parl.ns.ca



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or visit www.parl.ns.ca
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