

At the Library, for the week of October 16, 2017

Trecia Schell, Community Services Librarian, and Branch Librarian - Books-by-Mail, River John, Stellarton & Trenton Public Libraries

A library card opens doors, to worlds of discovery.

It's hard to believe that we're midway through October and Canadian Library Month already. There are still so many wonderful things to discover at a library near you - to nurture your mind, body and spirit. We hope to see you soon. If you haven't been by lately, please do drop in.

Coming up this weekend, we have a very busy Saturday on the go all across the County. Trenton Library is hosting the second weekend of The Great Pumpkin Hunt during open hours on Friday October 20 and Saturday October 21. All are welcome to drop by the library and find the Great Pumpkin and all his friends hidden on the library shelves (and pick up a prize provided by Adopt-a-Library Literacy program).

The Pictou Library is hosting the second meeting of the new Nordic Walking Club at the library on Saturday October 21 at 10:00am. All are welcome to join in. Bring your own set of Nordic Walking Poles or borrow some from the Library and Pictou Parks and Recreation! For more information and to pre-register, please call Pictou Recreation (902-485-4372) or drop by the Pictou Library (902-485-5021).

Also on Saturday October 21 at 1:00pm, a special guest speaker, Umran Bhatti from Ahmadiyya Muslim Jama'at Canada will be offering an afternoon presentation on "Islam Understood". It will be a general presentation about Islam, and a great venue to seek answers for questions you may have. For more information, you can reach Umran at umran.phatti@ahmadiyya.ca.

Now for a bit of heart health, the Heart & Stroke Foundation of Nova Scotia is offering a free "Numbers 2 Know" Wellness Clinic at the New Glasgow Library on Thursday October 26 from 2:00pm to 4:00pm. The drop-in clinic will have health professional on-hand to take blood pressure readings and other simple measurements, answer any nutrition related questions, and get you moving towards your Wellness goals. You can also pre-register online at EventBrite for the event "Numbers 2 Know Wellness Free Health and Wellness Drop" by Heart & Stroke, <https://t.co/RfUQbiBYFM>.

The NFB Film Club @Library returns the last Thursday of the month, at 6:15 pm to the River John Library. On October 26, they will be screening "Aboriginal Architecture, Living Architecture" - a stunning new documentary that showcases beautiful imagery paired with expert commentary - providing a virtual tour of seven Aboriginal communities, revealing how each is actively reinterpreting and adapting traditional forms for contemporary purposes. All are welcome!

And to wrap up the month with some spooktastically haunting programs at the cryptastic Pictou Library (please do venture in ...). The family favorite, Poultrygeist puppet show returns for an early evening appearance on Thursday October 26 at 6:30pm. Come in costume or your favorite pajamas, and enjoy! The following evening at 7:00pm, library staff will be bravely venturing out to the cemetery, for guided tour through the 'old burial grounds' of historic Laurel Hill Cemetery with St. Clair Prest (and several haunted souls). Be sure to bring a flashlight, a friend, and wear comfortable shoes! Space is limited to 30 participants; please call the Pictou Library to pre-register (902-485-5021).

What will you discover by using your library card? A visit will get you thinking...

For more information on upcoming library programs, special events and services, please drop by your local library branch, follow us on *Twitter*, find us on *Facebook*, or visit us online at www.parl.ns.ca.