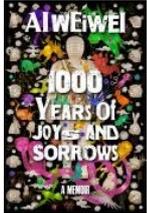


1000 Years of Joys and Sorrows : A Memoir

by: Ai Weiwei, Ai



FP 10,000(CDN) In his widely anticipated memoir, Ai Weiwei - one of the world's most famous artists and activists - tells a century-long epic tale of China through the story of his own extraordinary life and the legacy of his father, Ai Qing, the nation's most celebrated poet. Once an intimate of Mao Zedong, Ai Weiwei's father was branded a rightist during the Cultural Revolution, and he and his family were banished to a desolate place known as "Little Siberia," where Ai Qing was sentenced to hard labor cleaning public toilets. Ai Weiwei recounts his childhood in exile, and his difficult decision to leave his family to study art in America, where he befriended Allen Ginsberg and was inspired by Andy Warhol.

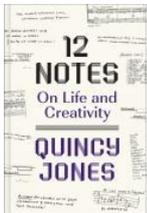
Publisher: Doubleday Canada
ISBN-13: 9780385683197

Price: \$ 39.95
Pages: 400

Form: TC
Pub. Date: November 2021

12 Notes : On Life and Creativity

by: Jones, Quincy



FP 75,000 Wisdom and musings on creativity and life from one of the world's most beloved musicians, producers, and mentors, Quincy Jones. 12 NOTES is a self-development guide that will affirm that creativity is a calling that can and should be answered, no matter your age or experience. Drawing from his own life, and those of his many creative collaborators past and present, Quincy Jones presents readers with lessons that are hardworking and accessible, yet speak to the passion of self-expression. He includes sections as deep as how to transform grief into power, and as practical as how to set goals and articulate intentions through daily affirmations.

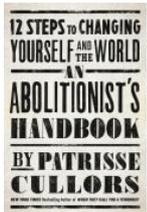
Publisher: Abrams, Inc.
ISBN-13: 9781419752568

Price: \$ 33
Pages: 192

Form: TC
Pub. Date: April 2022

Abolitionist's Handbook : 12 Steps to Changing Yourself and th...

by: Cullors, Patrisse



FP 250,000 Cullors charts a framework for how everyday activists can effectively fight for an abolitionist present and future. Filled with relatable pedagogy on the history of abolition, a reimagining of what reparations look like for Black lives and real-life anecdotes from Cullors AN ABOLITIONIST'S HANDBOOK offers a bold, innovative, and humanistic approach to how to be a modern-day abolitionist. Cullors asks us to lead with love, fierce compassion, and precision. Readers will learn the 12 steps to change yourself and the world: Courageous Conversations; Respond vs. React; Nothing Is Fixed; Say Yes to Imagination; Forgive Actively, Not Passively; Allow Yourself to Feel; Commit to Not Harming or Abusing Others...

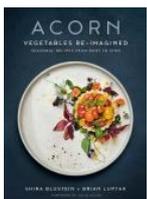
Publisher: St. Martin's Press
ISBN-13: 9781250272973

Price: \$ 35.99
Pages: 288

Form: TC
Pub. Date: January 2022

Acorn : Vegetables Re-Imagined: Seasonal Recipes from Root t...

by: Blustein, Shira



FP 15,000(CDN) Seasonally-driven, vegetable-forward recipes to push the boundaries of what you think you can do with plants. From fall to winter, to spring to summer, ACORN follows the beauty and bounty of the seasons, celebrating vegetables in all their delicious glory. Vegetables are at the heart of everything Shira Blustein and Brian Luptak set out to do at the internationally-acclaimed Acorn restaurant. Where other vegetarian restaurants try too hard to find ways to replicate the meat they're scared their diners will miss, The Acorn defies categories, with dishes that are anything but predictable. Shira and Brian share more than 100 of their truly unique recipes, that highlight the incredible wild-crafted...

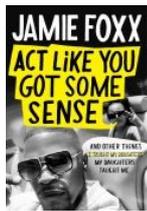
Publisher: Appetite by Random House
ISBN-13: 9780525610267

Price: \$ 40
Pages: 304

Form: TC
Pub. Date: November 2021

Act Like You Got Some Sense : And Other Things My Daughter...

by: Foxx, Jamie



FP 400,000 From Academy Award-winning actor, comedian, and musician Jamie Foxx, a candid and funny look at the joys and pitfalls of being the father of two daughters. Jamie Foxx is not only one of the country's most talented multi-hyphenates, he's also starring in his most humbling and long-running role yet as father to two complicated girls: Corinne, 25, and Anelise, 11. While Corinne and Anelise have very different personalities, there is one thing they agree on: Dad gets on their motherf***ing nerves. Every day with his girls brings hurdles and hilarity, but he's learned a lot along the way.

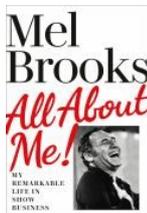
Publisher: Grand Central Publishing
ISBN-13: 9781538703281

Price: \$ 38
Pages: 240

Form: TC
Pub. Date: October 2021

All about Me! : My Remarkable Life in Show Business

by: Brooks, Mel



FP 100,000 The long-awaited memoir, written by the author himself, reflecting on his incredible lifetime of work. ALL ABOUT ME! is funny, poignant, and nostalgic, like the comedy legend himself. Mel Brooks continues to set the standard for comedy across television, film, and the stage. Now, for the first time, this EGOT (Emmy, Grammy, Oscar, Tony) winner shares his story in his own words. ALL ABOUT ME! charts Mel's modest beginnings in Brooklyn during the Great Depression and service in the army during World War II, to the start of his iconic career writing for Sid Caesar on Your Show of Shows during the Golden Age of Television as part of the greatest writers' room in history, which included Carl Reiner, Neil Simon...

Publisher: Random House Publishing Group
ISBN-13: 9780593159118

Price: \$ 39.99
Pages: 480

Form: TC
Pub. Date: November 2021

All In : An Autobiography

by: King, Billie Jean



FP 20,000(CDN) An inspiring and intimate self-portrait of the champion of equality that encompasses her brilliant tennis career, unwavering activism, and an ongoing commitment to fairness and social justice. In this spirited account, Billie Jean King details her life's journey to find her true self. She recounts her groundbreaking tennis career - six years as the top-ranked woman in the world, 20 Wimbledon championships, 39 grand-slam titles, and her watershed defeat of Bobby Riggs in the famous "Battle of the Sexes." She poignantly recalls the cultural backdrop of those years and the profound impact on her worldview from the women's movement, the assassinations and anti-war protests of the 1960s...

Publisher: Random House of Canada
ISBN-13: 9781039002166

Price: \$ 40
Pages: 496

Form: TC
Pub. Date: August 2021

At Heaven's Door : What Shared Journeys to the Afterlife Teach...

by: Peters, William J.



FP 100,000 A groundbreaking, authoritative exploration—rich with powerful personal stories and convincing research—of the many ways the living can and do accompany the dying on their journey into the afterlife. In 2000, end-of-life therapist William Peters was volunteering at the Zen Hospice Project in San Francisco when he had an extraordinary experience as he was reading aloud to a patient: he suddenly felt himself floating in midair, completely out of his body. The patient, who was also aloft, looked at him and smiled. The next moment, Peters felt himself return to his body...but the patient never regained consciousness and died. Perplexed and stunned by what had happened, Peters began searching for other people who'd...

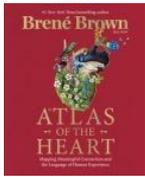
Publisher: Simon & Schuster, Incorporated
ISBN-13: 9781982150426

Price: \$ 35
Pages: 256

Form: TC
Pub. Date: January 2022

Atlas of the Heart : Mapping Meaningful Connection and the La...

by: **Brown, Brené**



FP 1M. In her latest book, five-time #1 NYT bestselling author Dr. Brené Brown, writes, “If we want to find the way back to ourselves and each other, we need language and the grounded confidence to both tell our stories, and to be stewards of the stories that we hear. This is the framework for meaningful connection.” Brown takes us on a journey through 85 of the emotions and experiences that define what it means to be human. As she maps the necessary skills and lays out an actionable framework for meaningful connection, she gives us the language and tools to access a universe of new choices and second chances — a universe where we can share and steward the stories of our bravest and most heartbreaking moments with one...

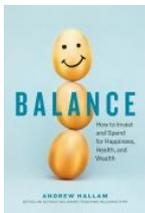
Publisher: Random House Publishing Group
ISBN-13: 9780399592553

Price: \$ 40
Pages: 336

Form: TC
Pub. Date: November 2021

Balance : How to Invest and Spend for Happiness, Health, and ...

by: **Hallam, Andrew**



FP 50,000 Stop chasing money, and start chasing happiness. Sure, money is important. And yes, it can make you happy—but only up to a point. The truth is, science has shown that we each have a set point that links our earnings with happiness; go beyond that point, and your happiness ceases to increase with income. In this illuminating guide to living a financially healthier, and happier, life, bestselling author and financial journalist Andrew Hallam demonstrates how you can optimize your income for maximum happiness by investing responsibly and living according to your values. You'll find tips for using robo investors, insights for investing in socially responsible funds, and how to craft a personal budget that aligns...

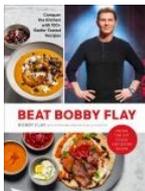
Publisher: Page Two Books, Inc.
ISBN-13: 9781774580752

Price: \$ 24
Pages: 280

Form: TP
Pub. Date: January 2022

Beat Bobby Flay : Conquer the Kitchen with 100+ Battle-Tested ...

by: **Flay, Bobby**



FP 100,000 BEAT BOBBY FLAY brings the excitement of the Food Network show stage into your home kitchen, with more than 100 recipes for breakfast and brunch, weeknight-worthy dinners, and stunning desserts that make every meal a winner. Bobby's best recipes and other favourites from the show make appearances, from Seafood Fra Diavolo with Saffron Fettuccine (handmade pasta always wins the judges' hearts) to Mushroom and Goat Cheese Chiles Rellenos (the secret: crispy Brussels sprout leaves) and Bittersweet Chocolate Soufflé. Sprinkled throughout Bobby's recipes are behind-the-scenes stories of fan-favourite moments, tips to help you “beat the clock” when you're pressed for time, and pro-chef suggestions for everything...

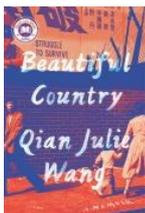
Publisher: Crown Publishing Group, The
ISBN-13: 9780593232385

Price: \$ 42.5
Pages: 256

Form: TC
Pub. Date: October 2021

Beautiful Country : A Memoir

by: **Wang, Qian Julie**



FP 125,000 The moving story of an undocumented child living in poverty in the richest country in the world - an incandescent debut from an astonishing new talent. In Chinese, the word for America, Mei Guo, translates directly to “beautiful country.” Yet when 7-year-old Qian arrives in New York City in 1994, she is overwhelmed by crushing fear and scarcity. In China, Qian's parents were professors; in America, her family is “illegal” and it will require all the determination and small joys they can muster to survive. In Chinatown, Qian's parents work in sweatshops and sushi factories. Instead of laughing at her jokes or watching her sing and dance, they fight constantly. Qian goes to school hungry...

Publisher: Knopf Doubleday Publishing Group
ISBN-13: 9780385547215

Price: \$ 38.95
Pages: 320

Form: TC
Pub. Date: September 2021

Becoming Sugar-Free : How to Break up with Inflammatory Sug...

by: Daniluk, Julie



FP 50,000(CDN) Nutritionist and bestselling author, Julie Daniluk shows readers how to kick sugar once and for all and enjoy a sweet life. Julie Daniluk has helped thousands of people find freedom from sugar cravings. Drawing on personal experience and the latest research, she demystifies the science and explains the dangers of sugar and how you can kick your sugar habit, restore your health and empower your performance. By decreasing and ultimately removing sugar from your diet, you can reduce inflammation in your body and improve your overall health. It can be one of the first steps to relieving the struggle and pain of arthritis, bursitis, colitis, heart disease, weight gain, memory loss, depression, anxiety, insomnia...

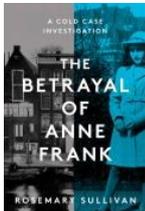
Publisher: Penguin Canada
ISBN-13: 9780735240537

Price: \$ 35
Pages: 328

Form: TP
Pub. Date: September 2021

Betrayal of Anne Frank : A Cold Case Investigation

by: Sullivan, Rosemary



FP 50,000(CDN) Using new technology, recently discovered documents and sophisticated investigative techniques, an international team—led by an obsessed retired FBI agent—has finally solved the mystery that has haunted generations since WWII: Who betrayed Anne Frank and her family? And why? With painstaking care, retired FBI agent Vincent Pankoke and a team of indefatigable investigators pored over tens of thousands of pages of documents—some never before seen—and interviewed scores of descendants of people familiar with the Franks. Utilizing methods developed by the FBI, the cold case team painstakingly pieced together the months leading up to the infamous arrest and came to a shocking conclusion.

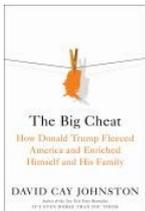
Publisher: HarperCollins Canada, Limited
ISBN-13: 9781443463041

Price: \$ 34.99
Pages: 400

Form: TC
Pub. Date: January 2022

Big Cheat : How Donald Trump Fleeced America and Enriched ...

by: Johnston, David Cay



FP 100,000 Pulitzer Prize-winning reporter and dean of Trumpologists David Cay Johnston reveals years of eye-popping financial misdeeds by Donald Trump and his family. While the world watched Donald Trump's presidency in horror or delight, few noticed that his lifelong grifting quietly continued. Less than forty minutes after taking the oath of office, Trump began turning the White House into a money machine for himself, his family, and his courtiers. More than \$1.7 billion flowed into Donald Trump's bank accounts during his four years as president. Foreign governments rented out whole floors of his hotel five blocks from the White House while lobbyists conducted business in the hotel's restaurants.

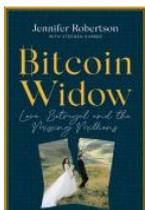
Publisher: Simon & Schuster, Incorporated
ISBN-13: 9781982178031

Price: \$ 37
Pages: 304

Form: TC
Pub. Date: November 2021

Bitcoin Widow

by: Robertson, Jennifer



FP 18,000(CDN) She met the man of her dreams and suddenly had it all. Then, in one fateful night, she lost everything, and the nightmare began. Jennifer Robertson was working hard to build a life for herself from the ashes of her first marriage. Still only 26, she swiped right on a dating app and met Gerry Cotten, a man she would not normally have considered—too young and not her type—but found she'd met her match. Eccentric but funny and kind, Cotten turned out to be a bitcoin wizard who quickly amassed substantial wealth through his company, Quadriga. Then, while the couple was on their honeymoon in India, opening an orphanage in their name, Gerry fell ill and died in a matter of hours. Jennifer was consumed by grief...

Publisher: HarperCollins
ISBN-13: 9781443463904

Price: \$ 24.99
Pages:

Form: TP
Pub. Date: January 2022

Bittman Bread : Easy Whole-Grain, No-Knead, Naturally Leaven...

by: Bittman, Mark



FP 40,000 A revolutionary approach to making easy, delicious whole-grain bread and more. This is the best bread you've ever had - best tasting, nourishing, and easy to make right in your own kitchen. Mark Bittman and co-author Kerri Conan have spent years perfecting their delicious, naturally leavened, whole-grain bread. Their discovery? The simplest, least fussy, most flexible way to make bread really is the best. Beginning with a wholesome, flavorful no-knead loaf (that also happens to set you up with a sourdough starter for next time), this book features a bounty of simple, adaptable recipes for every taste, any grain - including baguettes, hearty seeded loaves, sandwich bread, soft pretzels, cinnamon rolls, focaccia...

Publisher: Houghton Mifflin Harcourt Publishing Company
ISBN-13: 9780358539339

Price: \$ 50
Pages: 256

Form: TC
Pub. Date: November 2021

Black Food : Stories, Art, and Recipes from Across the African ...

by: Terry, Bryant



FP 75,000 In this stunning and deeply heartfelt tribute to Black culinary ingenuity, Bryant Terry captures the broad and divergent voices of the African Diaspora through the prism of food. With contributions from more than 100 Black cultural luminaires from around the globe, the book moves through chapters exploring parts of the Black experience, from Homeland to Migration, Spirituality to Black Future, offering delicious recipes, moving essays, and arresting artwork. As much a joyful celebration of Black culture as a cookbook, BLACK FOOD explores the interweaving of food, experience, and community through original poetry and essays. Visually stunning artwork from such notables as Black Panther Party creative director...

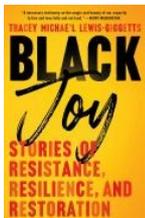
Publisher: Potter/Ten Speed/Harmony/Rodale
ISBN-13: 9781984859723

Price: \$ 54
Pages: 320

Form: TC
Pub. Date: October 2021

Black Joy : Stories of Resistance, Resilience, and Restoration

by: Lewis-Giggetts, Tracey Michae'l



FP 75,000 A timely collection of deeply personal, uplifting, and powerful essays that celebrate the redemptive strength of Black joy. When Tracey M. Lewis-Giggetts wrote an essay on Black joy for The Washington Post, she had no idea just how deeply it would resonate. But the outpouring of responses affirmed her own lived experience: that Black joy is not just a weapon of resistance, it is a tool for resilience. With this book, Tracey aims to gift her community with a collection of lyrical essays about the way joy has evolved, even in the midst of trauma, in her own life. Detailing these instances of joy in the context of Black culture allows us to recognize the power of Black joy as a resource to draw upon...

Publisher: Gallery Books
ISBN-13: 9781982176556

Price: \$ 36
Pages: 288

Form: TC
Pub. Date: February 2022

Bless the Daughter Raised by a Voice in Her Head : Poems

by: Shire, Warsan



FP 30,000(CDN) Poems of migration, womanhood, trauma, and resilience from the celebrated collaborator on Beyoncé's Lemonade and Black Is King, award-winning Somali British poet Warsan Shire. With her first full-length poetry collection, Warsan Shire introduces us to a young girl, who, in the absence of a nurturing guide, makes her own stumbling way towards womanhood. Drawing from her own life, as well as pop culture and news headlines, Shire finds vivid, unique details in the experiences of refugees and immigrants, mothers and daughters, Black women, and teenage girls. In Shire's hands, lives spring into fullness. This is noisy life: full of music and weeping and surahs and sirens and birds.

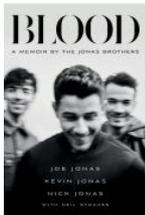
Publisher: Penguin Canada
ISBN-13: 9780735239807

Price: \$ 22
Pages: 96

Form: TP
Pub. Date: March 2022

Blood: A Memoir by the Jonas Brothers

by: **Jonas Brothers**



FP 250,000 Since their formation in 2005, the Jonas Brothers have been critically adored and commercially celebrated - with over 22 million album sales, sold-out stadium tours, major film appearances, and seven performances at the White House. But behind the scenes, things weren't always as they seemed. Now, for the first time, Kevin, Joe, and Nick will share their complete story, from their Disney days through their contentious breakup and explosive reunion. Alternating between the perspectives of each brother (with occasional interludes from their youngest sibling, Frankie), BLOOD is an epic narrative of the Jonas journey as each of them remembers it. In turns funny, irreverent, and eye-opening...

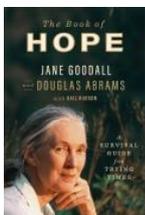
Publisher: HarperCollins Publishers
ISBN-13: 9780063091863

Price: \$ 35.99
Pages: 496

Form: TC
Pub. Date: November 2021

Book of Hope : A Survival Guide for Trying Times

by: **Goodall, Jane**



FP 300,000 In a world that seems so troubled, how do we hold on to hope? Looking at the headlines - a global pandemic, the worsening climate crisis, political upheaval - it can be hard to feel optimistic. And yet hope has never been more desperately needed. In this urgent book, Jane Goodall, the world's most famous living naturalist and Douglas Abrams, internationally-bestselling author, explore - through intimate and thought-provoking dialogue - one of the most sought after and least understood elements of human nature: hope. Jane focuses on her "Four Reasons for Hope": The Amazing Human Intellect, The Resilience of Nature, The Power of Young People, and The Indomitable Human Spirit. And for the first time...

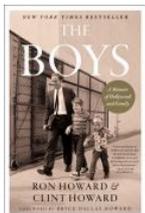
Publisher: Celadon Books
ISBN-13: 9781250784094

Price: \$ 38
Pages: 272

Form: TC
Pub. Date: October 2021

Boys : A Memoir of Hollywood and Family

by: **Howard, Ron**



FP 200,000 Join award-winning filmmaker Ron Howard and audience-favourite actor Clint Howard as they frankly and fondly share their unusual family story of navigating and surviving life as sibling child actors. "What was it like to grow up on TV?" Ron Howard has been asked this question throughout his adult life. In The Boys, he and his younger brother, Clint, examine their childhoods in detail for the first time. For Ron, playing Opie on The Andy Griffith Show and Richie Cunningham on Happy Days offered fame, joy, and opportunity - but also invited stress and bullying. For Clint, a fast start on such programs as Gentle Ben and Star Trek petered out in adolescence, with some tough consequences and lessons.

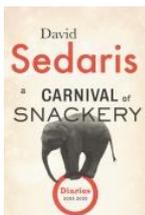
Publisher: HarperCollins Publishers
ISBN-13: 9780063065246

Price: \$ 35.99
Pages: 416

Form: TC
Pub. Date: October 2021

Carnival of Snackery : Diaries (2003-2020)

by: **Sedaris, David**



FP 750,000 Picking up where his previous volume of diaries, THEFT BY FINDING, left off, David Sedaris chronicles the years 2003–2020.

Publisher: Little Brown & Company
ISBN-13: 9780316558792

Price: \$ 40
Pages: 576

Form: TC
Pub. Date: October 2021

Chancellor : The Remarkable Odyssey of Angela Merkel

by: Marton, Kati



FP 60,000 CHANCELLOR is at once a riveting political biography and an intimate human story of a complete outsider - a research chemist and pastor's daughter raised in Soviet-controlled East Germany - who rose to become the unofficial leader of the West. Acclaimed biographer Kati Marton set out to pierce the mystery of how Angela Merkel achieved all this. And she found the answer in Merkel's political genius: in her willingness to talk with adversaries rather than over them, her skill at negotiating without ever compromising on what's most important to her, her canniness in appointing political rivals to her cabinet and exacting their policies so they have no platform to run against her, the humility to allow others to...

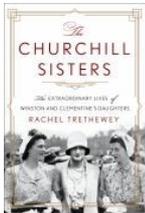
Publisher: Simon & Schuster, Incorporated
ISBN-13: 9781501192623

Price: \$ 39.99
Pages: 368

Form: TC
Pub. Date: October 2021

Churchill Sisters : The Extraordinary Lives of Winston and Cle...

by: Trethewey, Rachel



FP 60,000 As complex in their own way as their Mitford cousins, Winston and Clementine Churchill's daughters each had a unique relationship with their famous father. This biography tells their story. Bright, attractive and well-connected, in any other family the Churchill girls - Diana, Sarah, Marigold and Mary - would have shone. But they were not in another family, they were Churchills, and neither they nor anyone else could ever forget it. From their father - 'the greatest Englishman' - to their brother, golden boy Randolph, to their eccentric and exciting cousins, the Mitford Girls, they were surrounded by a clan of larger-than-life characters which often saw them overlooked. While Marigold died too young to achieve...

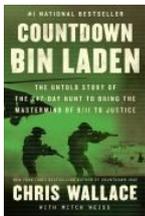
Publisher: St. Martin's Press
ISBN-13: 9781250227239

Price: \$ 39.99
Pages: 320

Form: TC
Pub. Date: December 2021

Countdown Bin Laden : The Untold Story of the 247-Day Hunt t...

by: Wallace, Chris



FP 500,000 Following Chris Wallace's "riveting" (NYT) and "propulsive" (Time) #1 national bestseller COUNTDOWN 1945 comes a deeply reported, revelatory, and thrillingly told account of the final months of the hunt for Osama bin Laden. On August 27, 2010, three CIA officers ask for a private meeting with CIA Director Leon Panetta. During that secret session, they tell Panetta that agents have tracked a courier with deep Al Qaeda ties to a three-story house at the end of a dead end street in Abbottabad, Pakistan. But they say it's more than a house - it's a heavily protected fortress. No one in the meeting says the name bin Laden. They don't have to. Everyone understands that finally, after nearly a decade, maybe...

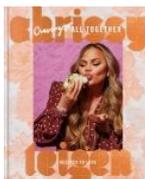
Publisher: Avid Reader Press
ISBN-13: 9781982117652

Price: \$ 39.99
Pages: 368

Form: TC
Pub. Date: September 2021

Cravings: All Together : Recipes to Love: a Cookbook

by: Teigen, Chrissy



FP 1M. Chrissy is back with 100+ all-new recipes that are just as big, bold, and crave-worthy as before, but that reflect her world as it is now - as a mom of two who's often cooking for her kids (and getting them to help!), whether it's pancakes on a Saturday morning or easy homemade pizza for dinner; as someone who loves cooking for a crowd when the occasion arises; and as someone who just as equally relishes the moments when you can cook for just yourself, whether for comfort or for celebration. As ever, the recipes Chrissy gives us are homey, comforting favourites with a twist - think Apple Pie Cinnamon Rolls, Quiche Lorraine Baguette, Crispy Orange-Glazed Fried Chicken Sandwiches, and Sweet Blueberry Sour Cream Pie.

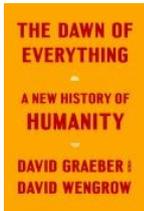
Publisher: Crown Publishing Group, The
ISBN-13: 9780593135426

Price: \$ 39.99
Pages: 256

Form: TC
Pub. Date: October 2021

Dawn of Everything : A New History of Humanity

by: Graeber, David



FP 25,000(CDN) Renowned activist and public intellectual David Graeber teams up with professor of comparative archaeology David Wengrow to deliver a trailblazing account of human history, challenging our most fundamental assumptions about social evolution - from the development of agriculture and cities to the emergence of "the state," political violence, and social inequality - and revealing new possibilities for human emancipation. For generations, our remote ancestors have been cast as primitive and childlike—either free and equal innocents, or thuggish and warlike. Civilization, we are told, could only be achieved by sacrificing those original freedoms, or alternatively, by taming our baser instincts.

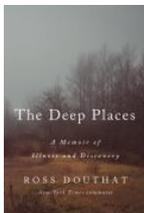
Publisher: McClelland & Stewart
ISBN-13: 9780771049828

Price: \$ 39.95
Pages: 704

Form: TC
Pub. Date: October 2021

Deep Places : A Memoir of Illness and Discovery

by: Douthat, Ross



FP 75,000 In this vulnerable, insightful memoir, the NYT columnist tells the story of his five-year struggle with a disease that officially doesn't exist, exploring the limits of modern medicine, the stories that we unexpectedly fall into, and the secrets that only suffering reveals. In the summer of 2015, Ross Douthat was moving his family, with two young daughters and a pregnant wife, from Washington, D.C., to a sprawling farmhouse in a picturesque Connecticut town when he acquired a mysterious and devastating sickness. After months of seeing doctors and descending deeper into a physical inferno, he discovered that he had a disease which according to CDC definitions does not actually exist: the chronic form of Lyme...

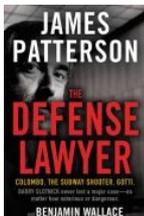
Publisher: Crown Publishing Group, The
ISBN-13: 9780593237366

Price: \$ 35
Pages: 224

Form: TC
Pub. Date: October 2021

Defense Lawyer : The Barry Slotnick Story

by: Patterson, James



FP 300,000 For more than a decade, Barry Slotnick never lost a case - no matter how notorious or dangerous his clients. Everyone deserves the best defense. Known for his sharp mind, sharp suits, and bold courtroom strategies, Bronx-native Barry Slotnick is known as the best criminal lawyer in the US. He calls himself "Liberty's Last Champion." Slotnick mediates Bette Midler's bathhouse contract and represents John Gotti, "The Dapper Don." He defends "Subway Shooter" Bernie Goetz and negotiates future First Lady Melania Trump's pre-nup. His unparalleled legal brilliance defines a profession, a city—and an era.

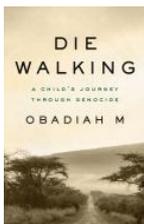
Publisher: Little Brown & Company
ISBN-13: 9780316494373

Price: \$ 38
Pages: 416

Form: TC
Pub. Date: December 2021

Die Walking : A Child's Journey Through Genocide

by: M., Obadiah



FP 6,000(CDN) DIE WALKING is the memoir of a Rwandan boy escaping genocide. In 1994, Obadiah was the 13-year-old son of a Hutu pastor who dreamt of becoming a pilot when he heard something was wrong in Kigali, Rwanda. He didn't understand the politics, but an uncle appeared, a family meeting was held, then they were fleeing genocide. They were under gunfire, soldiers in pursuit. Everywhere were bodies, hunger, that smell. Stalked by terror, Obadiah kept moving through unrelenting danger and the darkest despair. He was sustained by faith and the philosophy of Ubuntu - finding one's self through others. But not even escape led to safety, as Obadiah had to face the American refugee detention system.

Publisher: House of Anansi Press
ISBN-13: 9781487009724

Price: \$ 19.99
Pages: 184

Form: TP
Pub. Date: October 2021

Don't Be Trashy : A Practical Guide to Living with Less Waste a...

by: McKenna, Tara



FP 10,000(CDN) Get beyond the Mason jar and learn how to dramatically reduce the waste you produce over the course of a year - one sanity-saving step at a time - in this super-practical guide from the creator of The Zero Waste Collective. Say goodbye to your bursting toiletries bag, fast fashion, and all the plastic crowding your pantry. It's time to build less trashy habits for a more sustainable and ethical life. With relatable stories, compassion, and a realistic perspective, Tara McKenna will show you how in this ultimate guide to going zero waste(ish). Ultimately, it's about changing your mindset to one of minimalism and conscious consumption—a mindset that's as good for your wallet and your well-being as it is for...

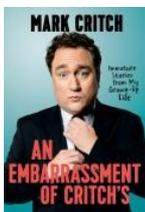
Publisher: Penguin Canada
ISBN-13: 9780735240834

Price: \$ 22
Pages: 256

Form: TP
Pub. Date: January 2022

Embarrassment of Critch's : Immature Stories from My Grown-...

by: Critch, Mark



FP 20,000(CDN) The heartfelt and hilarious story of beloved Canadian comedian Mark Critch's journey from Newfoundland to the national stage - and back home again. One of Mark Critch's earliest acting gigs was in a Newfoundland tourist production alongside a cast of displaced fishery workers. Since then, he's found increasing opportunities to take his show on the road. Now, the star of CBC's This Hour Has 22 Minutes revisits some of his career's - and the country's - biggest moments, revealing all the things you might not know happened along the way.

Publisher: Penguin Canada
ISBN-13: 9780735235090

Price: \$ 32.95
Pages: 224

Form: TC
Pub. Date: October 2021

Feels Like Home : Relaxed Interiors for a Meaningful Life

by: Liess, Lauren



FP 75,000 A house is a feeling. That is the conceit behind designer Lauren Liess's third book, which explores the emotional connection between the way we decorate our homes and our daily lives. She advises readers to think beyond just the objects in their homes and explore how design informs an intentional, happy, and authentic life. The book includes practical design information, with never-before-seen case studies on a variety of homes including a beach cottage, a farmhouse, a home in the woods, a Spanish colonial, and other more traditional homes. Each case study explores a hardworking design aspect (such as proportion, scale, and color), while also focusing on the emotional aspect of the home.

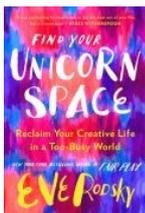
Publisher: Abrams, Inc.
ISBN-13: 9781419751196

Price: \$ 57
Pages: 288

Form: TC
Pub. Date: October 2021

Find Your Unicorn Space : Reclaim Your Creative Life in a Too-...

by: Rodsky, Eve



FP 75,000 In her acclaimed NYT bestseller (and Reese's Book Club pick) FAIR PLAY, Eve Rodsky urged women to rebalance their domestic responsibilities and reclaim time for themselves. Her book started a national conversation and launched a movement toward greater equality on the home front...and then quarantine hit, and life as we knew it was upended. Now all of us are faced with an even more pressing question: how can we—even in the bleakest days of working-from-home, remote-schooling, and too-much-togetherness - carve out a little time for ourselves? This personal time - what Rodsky calls Unicorn Space, what makes us interesting - isn't just a luxury, she explains. The research is clear that it's a necessity for our...

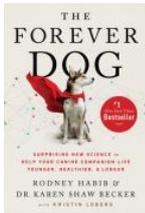
Publisher: Penguin Publishing Group
ISBN-13: 9780593328019

Price: \$ 36
Pages: 336

Form: TC
Pub. Date: December 2021

Forever Dog : Surprising New Science to Help Your Canine Co...

by: **Habib, Rodney**



FP 22,000(CDN) In this path-breaking guide, two of the world's most popular and trusted pet-care advocates reveal how to delay aging and provide a long, happy, healthy life for our canine companions. Like their human counterparts, dogs have been getting sicker and dying prematurely over the past few decades. Why? Scientists are beginning to understand that the chronic diseases afflicting humans—cancer, obesity, diabetes, organ degeneration and autoimmune disorders—also beset canines. Rodney Habib and Karen Becker, DVM, travelled the world collecting wisdom from top geneticists, microbiologists and longevity researchers. They also interviewed people whose dogs have lived into their 20s and even 30s.

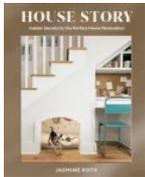
Publisher: HarperCollins Canada, Limited
ISBN-13: 9781443461689

Price: \$ 24.99
Pages: 464

Form: TP
Pub. Date: October 2021

House Story : Insider Secrets to the Perfect Home Renovation

by: **Roth, Jasmine**



FP 50,000 The host of HGTV's Hidden Potential shows you what really goes on behind the scenes of a home renovation, with tips, tricks, and step-by-step instructions on how to achieve the look you want for your home. Jasmine Roth demystifies the home reno (and the home reno show) in HOUSE STORY. As someone without any formal training - she didn't go to design or contractor school - Roth had to learn home reno skills on the job, and has now built and designed hundreds of homes, making her the perfect guide to explain the home renovation process. With super-simple advice that takes all the guesswork and stress out of any home project, HOUSE STORY is an irresistible guide for any homeowner, whether you're undergoing a...

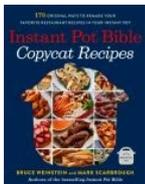
Publisher: Ten Speed Press
ISBN-13: 9781984859174

Price: \$ 47
Pages: 288

Form: TC
Pub. Date: October 2021

Instant Pot Bible: Copycat Recipes : 175 Original Ways to Rema...

by: **Weinstein, Bruce**



FP 150,000 Recreate your favourite restaurant eats in your Instant Pot at home, from the bestselling authors of INSTANT POT BIBLE. With copycat recipes dominating Instant Pot communities online and people missing their favourite restaurants, they bring you 175 brand-new recipes to recreate popular restaurant meals at home with all the ease and flavor the Instant Pot is known for. Whether you're missing your favourite Chipotle Burrito Bowl, get a late-night craving for a Taco Bell Crunchwrap Supreme, or you want to recreate weekly traditions at home with Cracker Barrel's Sunday Dinner, COPYCAT RECIPES makes all of your favourite chain restaurant recipes accessible when you don't want to - or can't - leave home.

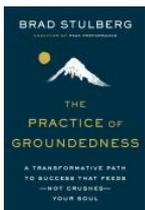
Publisher: Little Brown & Company
ISBN-13: 9780316263092

Price: \$ 24.99
Pages: 320

Form: TP
Pub. Date: November 2021

Practice of Groundedness : A Transformative Path to Success ...

by: **Stulberg, Brad**



FP 35,000 From the bestselling author of Peak Performance comes a powerful antidote to heroic individualism and the ensuing epidemic of burnout. Achievement often comes at a cost. Angst, restlessness, frayed relationships, exhaustion, and even substance abuse can be the unwanted side effects of an obsession with outward performance. While the high of occasional wins can keep you going for a while, playing into the always-on, never enough hustle culture ultimately takes a serious toll. Bestselling author Brad Stulberg shares a healthier, more sustainable model for success. At the heart of this model is groundedness—a practice that values presence over rote productivity, accepts that progress is nonlinear...

Publisher: Penguin Publishing Group
ISBN-13: 9780593329894

Price: \$ 36
Pages: 224

Form: TC
Pub. Date: September 2021